

PURE LOCHSIDE®

Pure Lochside Organic Skin care has been created and inspired from the surroundings of Loch Lomond. Pure Lochside, create unique therapeutic organic skin care and sumptuous treatment experiences which leave skin bright and luminous and the body rejuvenated and glowing. The exceptional treatments and highly concentrated, natural products perfectly compliment the stunning surroundings of Loch Lomond and The Carrick Spa.

Your highland journey to relaxation of mind and body starts here your treatment begins with a choice of two Pure Lochside Highland Journeys: Take the High Road - Your experience begins with a therapeutic head massage with a locally grown Scots Pine blend to induce calm and clarity. The body is gently stretched and balanced. Or Take the Low Road - Receive a restorative foot massage with a rich balm blended with organic peppermint and black pepper. Selected reflexology points are targeted, the body is balanced and feet revived and nourished.

Aromatic Sugar Body Polish

Treatment time 25 mins

Pure Lochside's delicious Organic Sugar Body Scrub, with sweet scented benzoin, organic macadamia and mandarin, is expertly massaged into the body and feet for a deep exfoliation to brighten, smooth and invigorate.

Radiance Organic Facial

Treatment time 90 mins

This exceptional aromatic face treatment is customised with professional skin analysis and Highland Journey. The relaxing deep cleanse with sweet orange and mandarin scented oil and unique skin polishing technique refines and smoothes the skin. A specialist face massage with scented anti-ageing oil blends leads onto a warm prescriptive organic mask with a head and shoulder massage to complete your experience.

Pure Lochside Massage

Treatment time 80 mins

Indulge your body with this stress relieving complete head to toe massage designed to soothe body and mind. Therapeutic organic balms melt into the skin to deeply nourish and enrich the body.

The Highland Detox

(2 hrs treatment, lunch, 2 hrs Thermal Experience)

Begin with an Aromatic Sugar Body Polish to brighten the skin. A warm Organic Pink Clay Mask is applied to your body before an invigorating head and neck massage. After this complete body cleanse, de-stress with the Invigorating Oil back massage and Pure Lochside polishing facial leaving you replenished and energised.

Mum-to-be

(2 hrs treatment, lunch)

Your escape begins with a deep cleansing polishing facial treatment followed by a soothing massage focusing on the back, neck and shoulders. Complete your experience with the choice of a manicure or pedicure, the perfect tonic for expecting mothers.

The Spa at The Carrick on Loch Lomond

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